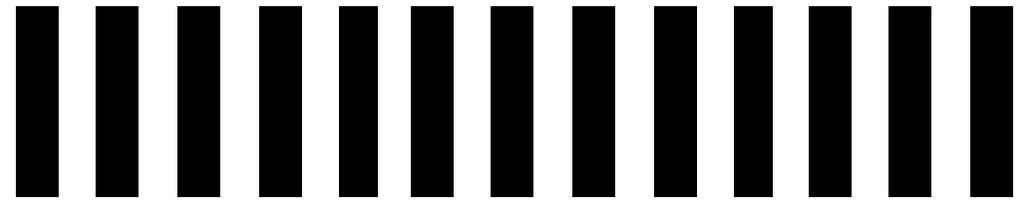


Many thanks to our sponsors:



Långholmen FC

vs

Stuvsta IF

Division 4

Saturday 19th September 2009,

Essinge IP, KO: 14.00



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www.langholmenfootball.com / langholmenfootball@gmail.com



MATCH SQUAD



Långholmen FC

1. Edwin Bergqvist
2. Andy McClelland
4. Stuart Lascelles
5. Ciarán McCormack
7. Chris Allen
8. Deri Thomas
9. Andy O'Sullivan
10. Robbie Graham
11. Colm Kenny
12. Oscar Hentmark
13. Pete McConnell
14. Wille Karlsson
16. Anton Björlund
17. Gary Phillips
19. Alastair Donachie

Manager: Chris Latham



Stuvsta IF

View from the terraces

THE CONTRIBUTING FACTORS that the team now find themselves in the hunt for the league title are that the team have put in a tremendous amount of work this season, showing a dedication second to none and keeping spirits up when results haven't gone our way.

Then we have the hard work that all the people involved throughout the club put in to ensure the club grows and makes it's mark in a very crowded Stockholm football association.

And last but not least our growing band of fans who have been so magnificent this season, travelling near and far to outsing and on occasion out number the home teams support. We travelled by bus, train and even boat to make the matches and shout on our favourite team. We sang in the rain for ninety minutes at Skå , when the home teams fans decided to stay at home and we bathed in the sun on one or two afternoons as well.

The team really appreciate what is happening on the sidelines, but it works both ways, the fans appreciate the commitment on the pitch and for many, Långholmen FC matches are an important part of the week if not the most important. The team will be hoping for a big vocal turnout for todays match and if it is as good as the enthusiasm showed by the 30 plus who travelled to Ekerö last week it should be a super atmosphere.

/ Scot James Långholmen Ultras.



Latest Div4 (m) table positions + all teams next matches

AKTUELL TABELL									
torsdag 17 / 9 2009									
Marieberg	19	12	4	3	49	-	23	26	40
Långholmen	18	13	1	4	49	-	25	24	40
Ekerö	19	12	3	4	44	-	25	19	39
Ångby	19	12	1	6	48	-	26	22	37
Reymersholm	19	10	1	8	46	-	30	16	31
Boo FF	19	8	4	7	38	-	34	4	28
Järla	19	9	1	9	35	-	46	-11	28
Skå	19	8	3	8	32	-	28	4	27
Olympiacos	18	7	2	9	42	-	40	2	23
FCK/LS	19	6	3	10	32	-	40	-8	21
Stuvsta	19	3	1	15	35	-	62	-27	10
Bromsten	19	0	2	17	21	-	92	-71	2

Omg. 21									
2009-09-25	20:00	Järla	-	Långholmen	-				
2009-09-25	20:15	Reymersholm	-	Skå	-				
2009-09-26	13:00	Stuvsta	-	Ångby	-				
2009-09-26	14:00	Ekerö	-	FCK/LS	-				
2009-09-26	14:00	Olympiacos	-	Boo FF	-				
2009-09-27	19:00	Marieberg	-	Bromsten	-				

THE MANAGER UPDATE - 'ave a word..

WELL AFTER A ROLLERCOASTER of a second half of the season, Långholmen now sit in a very healthy position in the league and everyone that is concerned with the well being of this club must be happy to see the progress that has been made. The defeat at Ångby was a major turning point in our season and the lads in this squad have really stood up and been counted and for some reason since that ill-fated day our fortunes have changed. The team as a whole have worked very hard in training and got just rewards for their endeavours.

To talk of league championships just now would be suicidal because there are still twelve points to play for and neither myself or Stuart believe that this league will see the second place team finishing that far behind the eventual champions, so game by game is the message here. Three games this week in six days will ultimately decide whether we will be in the hat at the end of the season as far as promotion is concerned.

OUR OPPONENTS Stuvsta come to "The Island" this week having unfortunately already been relegated but will, I'm sure be looking to still have their own say in our destiny. We took the points in a tight game early on in the season at their home ground and we know that nothing but 100% effort will see us through a match like this.

Billy Harkness has been a big part in the success of the last four matches but this weekend he has swapped his player ID for a passport as he travels to China for a week. This underlines once again the reason for us having such a big squad this season and today it's strength and versatility will be tested.

We enter an important week in the clubs history lets hope we can give our supporters the best possible gift come the end of it.



This week in history

IN 1906 THE FIRST aeroplane flight to take place in Europe happens. Miami Vice is aired in the US for the first time in 1981 and in 1974 Victoria Silverstedt is born on the 19th of September.

On the 15th of September 2007 Långholmen took three very important points in a closely fought match against Stuvsta in a division 5 match. Jean Sibani scored the first goal for Långholmen with a well placed effort. The home team then scored two goals to go in front but were pinned back when Nino Zouagui equalised for Långholmen. Andy O'Sullivan grabbed a winner for the Stripes with a superb goal with twenty minutes remaining and made sure the small band of Långholmen fans in the crowd of 97 went home happy.



Next home match:

Långholmen FC vs Reymersholms IK
Lördag 4/10 Essinge IP - K.O 14.00

Next away match:

Olympiacos FC vs Långholmen FC
Tisdag 22/9 Spånga IP - K.O 20.30