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Långholmen FC

vs

Bromstens IK

Division 4

Saturday 16th May 2009,
Stora Essingen IP, KO: 14.00



Långholmen FC

1. Edwin Bergqvist
2. Andy McClelland
(suspended this week)
3. Paul O'Hara
4. Stuart Lascelles
5. Ciarán McCormack
6. Mattias Larsson
7. Chris Allen
8. Alastair Donachie
9. Andy O'Sullivan
10. Robbie Graham
13. Pete McConnell
15. Philipp Männer
16. Anton Björlund
17. Gary Phillips
18. Evan Barnes (on Wednesday)
20. Guy Woodhead

Manager: Chris Latham

Coach: Mark O'Sullivan



Bromstens IK

- xxxPeter Björklund
xxxHåkan Eriksson
xxxSteven Moar
xxxAxel Stridbeck
xxxPatrik Vallbo
Daniel Lindstrand
Axel Ryd
Jonathan Jansson
Johan Meyer
Peter Lindstrand
Mikael Brandt
Kristoffer Låås
John Orto
Kristoffer Andersson
Christoffer Åsberg
Mattias Schyberg
Jimmy Suhr

A-lags tränare: Matthias Johnsson

Coach: Adam Bassari

Stripes kickback...

Small bits of news, gossip and info for the terraces.

The Stripes need to get things back on track after a week they will want to forget. Last week's defeat at Mariebergs shows the squad and the supporters that there is still a bit to go if they are to be up there challenging in the top four. The cup defeat on Wednesday was a shock to all involved in the club, many will say they have never seen a more one sided first half of football and chances once again were not turned into goals. Today sees us welcome Bromstens IK, a team we have never played before so they are an unknown quality. They will also be looking to get a result to try and climb off the foot of the table. There could be a few goals in this game today. Långholmen will be looking for a win to take them into the big derby match against FC Krukan/Lo Scudetto next Friday night at Zinkendamm.

/ Scot James

Well, we cant hide from the fact that it has been a tough couple of weeks (result wise) for everyone involved in the club. Injuries, loss of form, slight lack of fitness could be some of the contributors but as usual, we as a club will not hide behind the excuses instead we would rather take it on the chin, get ourselves up and get ready for todays game. We have not had to wait long for todays fixture since the disappointment of Wednesdays cup exit and I think everyone agrees that is probably for the best.

Bromstens IK have had a difficult start this year and will be looking to get their first win of the season this afternoon at the expense of ourselves. Both clubs meet each other in similar circumstances in the fact that we both desperately want to get a win today to kick start the confidence and get some much needed points on the board. May we take the chance once again to thank all the supporters who turn up week in week out and shout on the lads, we do appreciate it and if you could get behind us this afternoon I'm sure we can give you some real good reasons to cheer.

Myself and Stuart will be doing everything we possibly can to secure three points today and to hopefully restore some pride and confidence into the players before next weeks Derby match.

– Chris Latham /Stu Lascelles, Managers

Latest Div4 (m) table positions

AKTUELL TABELL									
torsdag 14 / 5 2009									
Marieberg	5	4	1	0	15	-	5	10	13
Ängby	5	4	0	1	21	-	6	15	12
Ekerö	5	3	1	1	9	-	9	0	10
FCK/LS	5	3	0	2	16	-	8	8	9
Långholmen	5	3	0	2	11	-	8	3	9
Järla	5	3	0	2	10	-	13	-3	9
Boo FF	5	2	2	1	7	-	8	-1	8
Skå	5	2	1	2	10	-	9	1	7
Olympiacos	5	1	1	3	5	-	10	-5	4
Reymersholm	5	1	0	4	6	-	10	-4	3
Stuvsta	5	0	1	4	5	-	15	-10	1
Bromsten	5	0	1	4	4	-	18	-14	1

Next match:

FC Krukan/Lo Scudetto vs LFC Friday 22nd May 2009, Zinkensdamms IP. KO: 18.15

Next home match:

LFC vs Ängby IF Saturday 30th May 2009, Stora Essingen IP. KO: 14.00

Player profile: ANDY O'SULLIVAN Position: Striker

Tell us about your first footballing memory

I focused on rugby until I was about 15, but always kicked a ball around with my dad in the park... I've got a lot of fond memories of that. He selectively gave up playing sport with me as I got old enough to beat him.

Others clubs you support other than Långholmen

Plymouth Argyle. My home town. You can see the stadium from my back garden and can hear the roar of the goals going in on a Saturday afternoon.

Your most memorable game in a Långholmen jersey

Individually there has been highs and lows. Scoring four in one game in Div 5 vs Stuvsta, and breaking my leg in a 3-2 win last season both memorable for different reasons. My favourite team performance would possibly be our last game of last season and the 3-2 win away against the league's runner-up Österåker. It was played in some terrible conditions, a good old fashioned mud bath and some very amusing moments culminated in a team 'pile-up' when Deri scored the winner in the last 5 mins. Classic Långholmen.

If you could play alongside any player in the world who would it be and why

Zidane and Cantona stand out as the best players from my era... but I'd rather play up front with Micky Evans. He's from Devon.

If you could have dinner with any famous person in the world who would it be and what where would you eat.

I'd have a dinner party at my place and invite Tony Blair, Dawn French, Martin Johnson, Elvis, Roald Dahl and Hitler. I've got questions for them all.

